

Health advice at your fingertips



for children and families in
Hertfordshire and West Essex



Accidents and
injuries



Bronchiolitis



Coughs
and colds



Fever and high
temperature



Flu (Influenza)



Sepsis



Should my child go
to school today?



Sore throat



Maternity
vaccinations

Scan a **QR code** to find out how to
help your child when they are
unwell this **winter**



Healthier Together

www.hwehealthiertogether.nhs.uk