



**Healthier Together**

Improving the health of babies, children and young people throughout Hertfordshire and West Essex



**Hertfordshire and West Essex**

# Scan the QR code for health advice this autumn

**Asthma**



**Anxiety**



**Group Strep A**



**Childhood vaccination**



**Oral health**



**Measles**



**Concerns during pregnancy**



**Staying healthy in pregnancy**



**Help is on hand for parents and carers at [www.hwehealthiertogether.nhs.uk](http://www.hwehealthiertogether.nhs.uk)**